



The

Fall 2012



Girl Guides
of Canada
Guidees
du Canada

Signal

Newfoundland and Labrador Council

Girl Greatness Starts Here

The Diamond Jubilee Garden Parties



Editor's Note

Hello Fellow Guiders,

First of all, I want to thank everyone for sending in their submissions. There is some great stuff in this issue and I hope to hear from more of you in the coming issues for this Guiding year.

We have been discussing some changes for The Signal, all of which you can read about on page 5 of this issue. I would love to hear from anyone who has any ideas on how we can make The Signal new and improved. Please feel free to email me with any of your ideas so we can make The Signal into a publication for all to read, learn from and enjoy!

Yours in Guiding

Stacey Adey, Signal Editor

REMINDER

This is just a little reminder for anyone wishing to submit a story to The Signal. Please type your story in a Word Document if possible and attach it, with any photos that go with the story to an email. This will make it easier for the editor to edit and lay out your story. We would love to hear from many different units from across the Province. Let us know what you are up to or if you have any Program ideas to share.

Thanks

Stacey Adey
Signal Editor

The Signal

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Deadlines

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Girl Guides
of Canada
Guides
du Canada

From Your Provincial Commissioner

WOW, it's that time of year again – September, a time to start thinking about Guiding and all the exciting things we want our girls to accomplish, a time to gear-up to the 'ready-set-go' mode. I hope you have all enjoyed a nice relaxing and well deserved rest with family and friends.

This past summer, Girl Guides have been quite visible and representing us well at two Diamond Jubilee Lieutenant Governor's Garden parties, one held in Corner Brook and the other in St. John's. Both opportunities allowed our girls to participate, lend a hand and be seen across the Province.

Our Membership Growth Coordinator, Allison Graham, visited many community events, promoting our image and recruiting new members while always having Girl Guide Cookies on hand.

2012 showed a sign of a very successful year by presenting six Guiders with GGC Scholarships as well as a Ranger receiving the Betty Spencer Memorial Scholarship.

By the time you read this *Signal*, our Province will have hosted the Eastern Regional Camping Conference, attended by our own National Chief, Sharron Callahan. What an opportunity for our Camping Advisers to participate and be able to bring back great ideas and information shared by National and Provincial delegates. Watch out for lots of information on the new OAL Training Program.

Area Commissioners and Advisers will have an opportunity to attend the Committees Conference, in October, at the *Lion Max Simms Camp* in Bishop's Falls. Many Areas across the province have Adviser positions waiting to be filled and we would love to have you join us at the "*Committees Carnival*" October 19-21st. If you have been considering taking on one of these positions, this conference is an excellent opportunity to get introduced to the role.

As we go into our new Guiding year, let's continue to help our girls be the best they can be. As you begin to plan your yearly schedule of events, remember "Shared Leadership" is the way to go! We are a team and we can all work together to accomplish lots.

Over the next month, as a token of appreciation, you will be receiving a "little something" from your Provincial Council, thanking you for all you do for Guiding in Newfoundland and Labrador.

Whether you are a new or returning Guider, I wish you all the best for a very successful and exciting Guiding year.

Don't forget to check out the National website for new updates on Safe Guide, new uniforms, exciting National Service projects and Nationally sponsored trips.



Kay Penney
Provincial Commissioner

First Chief Commissioner from Newfoundland & Labrador



Sharron Callahan was installed as the new Chief Commissioner at The National AGM on June 2, 2012 in Calgary, Alberta. Sharron previously served a three-year term as Deputy Chief Commissioner-Member Services, and was elected as Chief Commissioner-Elect in June 2011. As Chief Commissioner, Sharron is the most senior spokesperson and ambassador of GGC.

Sharron joined the Guiding movement as a Brownie. She continued with Guiding as a girl Member, earning her Gold Cord. As an adult Member of Girl Guides, Sharron has been a Sparks, Brownie, Guide and Pathfinder Guider. She has held many positions at the District, Division and Area level, and twice served on the former National Council. From May, 2002 to April, 2007, she served as the Provincial Commissioner, Newfoundland and Labrador Council and from 2007-2010 served as Deputy Chief Commissioner-Member Services. She continues as a Unit Guider working in a shelter for women and children and is also a Trefoil Guild Member. She has an extensive background in social work and youth justice.

Sharron is committed to ensuring that Girl Guides of Canada is focused upon girl empowerment and the development of girl leadership and to ensure that GGC mentors and coaches women to support and encourage girls to be the future strong and confident leaders of our world organizations.

Story Submitted by Kay Penney Provincial Commissioner

INTERNATIONAL POLICE WOMEN'S PARADE



On Sunday, September 9th we had our Sparks, Brownies, Guides, Pathfinders, Rangers and Leaders participated in the International Police Association of Women Parade. It was indeed impressive and a great honour to join in with these fine ladies from 56 countries. Everyone looked proud in their uniforms. It is not often that we can participate in such style. The many world flags and the marching band just made it perfect as we paraded from Gower Street United Church to the Convention Centre on Gower Street in St. John's. It is unlikely that this event will happen again soon and we are indeed proud of our participation. Thank you girls and leaders on behalf of Girl Guides of Canada-Guides du Canada for your continued support.



Story by Donna Tuck MMPA, Photos by Lisa Engram (right) and Robyn Lee (bottom)

***The Signal* New Possibilities**

The Signal is looking at changing with the times in a much friendlier, efficient, and economical format starting in 2013. *The Signal* will continue to be a newsletter that offers fresh ideas, news, and tips for adult members and Rangers in Newfoundland and Labrador, but in a new electronic format. *The Signal* is presently available through postal distribution and offers a snapshot of the many unique Guiding programs and events, right across the province, that are empowering our girls and leaders to do many extraordinary things. However, through this new electronic format, we will be able to provide this valuable resource to our members in a more timely and efficient email/PDF format. Printed copies of *The Signal* can still be available upon request; just let us know you want to continue to receive it in print format at 726-1116.

We have so many memorable moments in Guiding and fun stories about our girls, our meeting themes, our camp successes. We have so many unit program ideas that we need to share with each other and this could be our greatest resource. With articles about local Guiding events, service projects, unit activities, national and global initiatives and profiles of outstanding Members, *The Signal* will continue to be the place to learn more about how Guiding inspires "Girl Greatness" in Newfoundland and Labrador.

9th Girl Guides

End of Year Meeting and Beach Clean up!

Submitted by Denise Hennebury, Guider

Photos by Samantha Penny, Ranger



PROVINCIAL COUNCIL FACT SHEET 2012

FOR THOSE WISHING TO APPLY TO BE ELECTED MEMBERS OF PROVINCIAL COUNCIL

The Provincial Council is the administrative authority for the Organization in Newfoundland and Labrador. It is ultimately accountable for the proper conduct of the Organization's business and has the responsibility to establish and monitor long-range plans; assure that objectives are being achieved; nominate and elect Executive Committee Members and Provincial Council Members; work closely and interactively with the Executive Committee and accept responsibility for securing and managing adequate financial resources.

This Fact Sheet provides important information for those wishing to apply as candidates for election to the Newfoundland and Labrador Provincial Council of Girl Guides of Canada-Guides du Canada. Please read carefully before completing the accompanying Application Form.

MEMBER OF PROVINCIAL COUNCIL

As a Member of Provincial Council, you are committed to and knowledgeable about the Vision, Mission and Principles of Girl Guides of Canada-Guides du Canada.

You enjoy thinking and talking about the long-term as much, or more, than you enjoy talking about current problems and practicalities and how something will work in different parts of our province and in different communities.

To be an effective Member of Provincial Council, the following would be helpful:

- Planning skills (seeing the bigger picture)
 - Creative thinking skills
 - Presentation/public speaking skills
 - Leadership skills
 - Collaborative working style
- Ability to attend weekend meetings of Provincial Council

Additional Requirements are:

1. In the normal course of a term (3 years), a Provincial Council Member could be expected to participate in a task group that analyzes and develops reports on:
 - Monitoring and evaluating planned priorities
 - Provincial revenue and expenditures
2. Additional time may be required for attendance at meetings or to attend other functions in addition to the regular scheduled meetings per year.
3. Between meetings, use of e-mail, conference calls and faxes are used.

Continued on page 7

APPLICATION PROCESS

- An Application Form is also available on the Newfoundland & Labrador Provincial website: www.ggcnf.org or may be obtained by contacting the Provincial Office.
- Application forms, if computer generated, must not exceed the 3 pages in the given format, nor should the font size be smaller than 10 points. All applications must be in typed format or completed with black ink due to the fact that these forms are to be photocopied and distributed to the Provincial Council and the Nominations and Search Committee.
- All applications should be addressed to Germaine Fisher, Chair of the Provincial Nominations and Search Committee, Girl Guides of Canada-Guides du Canada, Newfoundland and Labrador Council, 63 Roosevelt Avenue, St. John's NL A1A 0E8 or by email to: provoffice@ggcnf.org and must be received on or postmarked by **January 31, 2013**. This is a firm date.

Attachments to Applications:

- In keeping with the National policy, please enclose with your application a copy of a valid Police Reference Check (no older than five years), or indicate that it is on your iMIS record. Please note that the Police Reference Check does take some time to secure.
- A Curriculum Vitae/Resumé should be attached, if available
- Ensure that your iMIS record is up-to-date by contacting the Provincial Office, or submit your experience on a separate sheet.
- All applications will be acknowledged.

ELECTION PROCESS

- All applicants will be considered carefully and acknowledged, and may be called for an interview. A slate (short list) of nominees will be developed by the Nominations and Search Committee. This slate, along with supporting application documents, will be forwarded to Members of the Provincial Council prior to the election.
- The Provincial Council will vote from the slate for new Member(s) at the Annual General Meeting held in April/May.
- All applicants will be advised of their status prior to the Annual Meeting.

GENERAL INFORMATION

- A Provincial Council Member is elected for a three-year term, which begins in May. One new member is elected each year.
 - Meetings of the Provincial Council are held in St. John's, usually three times per year in February (via teleconference call), May and October. The meetings generally take place on a weekend.
 - Uniform is worn at all meetings.
- The Provincial Council Expense Policy includes reimbursement for travel, accommodation and meals.

Revised June 2012

PROVINCIAL COUNCIL ELECTED POSITION FOR 2013

PLEASE BE SURE TO ANSWER ALL QUESTIONS. PLEASE DO NOT ATTACH ANY ADDITIONAL SHEETS. PLEASE USE A COMPUTER GENERATED FORM, TYPED FORMAT (ALL BLACK COLOR TEXT) OR BLACK INK PEN IF HANDWRITTEN. DEADLINE FOR APPLICATIONS IS JANUARY 31, 2013.

Name: _____
(Last name) (Given name) (Middle Name)

Address: _____
(Street/Box) (City) (Postal Code)

Telephone Home: _____ Business: _____ Fax: _____

E-Mail: _____ iMIS No. _____

Current Position(s) in Guiding: _____

Previous Position(s) in Guiding and responsibilities: _____

Volunteer Experience outside Guiding and responsibilities: _____

Education/Training (formal education, seminars, workshops, certificates, courses, Guide training, etc.)

Employment Experience, including main responsibility of position(s): _____

Achievements/Awards (Girl Guides of Canada and other):

What excites you about Guiding? _____

List skills that you can contribute to Provincial Council. How specifically can these skills be applied?

Think of times when you worked as a group or team. Describe your style as a member of the group and how you feel you contributed to the group. _____

What do you think are the three top issues for Guiding in Newfoundland and Labrador? What do you believe is the role of the Provincial Council in addressing them? _____

Please list three (3) references not related to you. References must be from both within Guiding and outside of Guiding, and have knowledge of your qualifications and your capacity to perform the role of member of Provincial Council.

NAME	ADDRESS	CONTACT NUMBERS	IN WHAT CAPACITY KNOWN? FOR HOW LONG?
1. _____		H: _____	_____
e-mail _____		W: _____	_____
Alt. no. _____		F: _____	_____
2. _____		H: _____	_____
e-mail _____		W: _____	_____
Alt. no. _____		F: _____	_____
3. _____		H: _____	_____
e-mail _____		W: _____	_____
Alt. no. _____		F: _____	_____

Police Reference Check is enclosed Yes ☐ No ☐ See iMIS Record _____

If no, please explain: _____

Signature: _____ Date : _____

Revised June 2012

Memorial and In-Honour Giving

A donation to the Girl Guides of Canada-Guides du Canada, NL Council is a thoughtful way to honour someone whose life has been impacted by Guiding in Newfoundland and Labrador. Monetary gifts can be made to recognize milestones in a person's life or to express the sense of loss when someone has died. Your donation will help Newfoundland and Labrador directly as we have some of the most amazing people and resources to teach girls to become confident leaders in their communities. Today's Guiding is a safe, inclusive, all-girl environment that invites girls to challenge themselves, find their voice, meet new friends and make a difference in the world.

Many families and friends have chosen to collect for worthy causes instead of flowers at a funeral or memorial service. Many individuals have also chosen to donate their collection from birthday, anniversary, and other special occasions to a worthy cause instead of keeping it themselves. However small or large the gift, it really will make a difference.

In Memory and In Honour Giving allows friends and family to celebrate the life of a loved one by donating to a cause close to that person's heart. Once your gift is received, whether in memorial or in honour giving the Girl Guides of Canada NL council will promptly send a card to the family or the honouree acknowledging your gift. A tax receipt will be issued if the donation comes from an individual. Any donations requiring a tax receipt **MUST** come directly to Provincial Office, with cheque payable to Girl Guides of Canada, Newfoundland and Labrador Council, and **NOT** deposited in a Unit/District/Area bank account

If this is something that interests you at this time (or any time), please fill out the form below and send with cheque to headquarters as detailed below. Call 1-800-565-8111 or 726-1116 if you need more details.



Girl Guides of Canada-Guides du Canada, Newfoundland and Labrador Council

is the grateful recipient of a contribution In Memorial or In-Honour Giving

FOR _____
from _____

Name of Donor

Please give details of where to send the thank you/acknowledgment card:

Acknowledgement Address:

Address, City, Province, Postal Code

Receipt Address:

Address, City, Province, Postal Code

Amount of Contribution: _____

Mailing Address:

Girl Guides of Canada-Guides du Canada, Newfoundland and Labrador Council
63 Roosevelt Ave, St. John's NL A1A 0E8

TEAMWORK IS LIKE A DANCE

Someone leads, others follow. Sometimes people dance together, other times alone. The consistent aspect is the music which gives your team its rhythm and timing. Teamwork is learning to hear and keep time to the rhythm.

In theory, answering the question "What is teamwork?" should be fairly simple. Teamwork is people helping each other accomplish a shared goal—in our case to help girls to be confident, resourceful and courageous, and to make a difference in our community and our world. Coming up with the answer is easy, the difficulty lies in putting together a team that works together. If you build the right team, accomplishing the ideas and goals becomes much easier.

For teamwork to work, you must foster action. For many women, this may be their first venture within a real team setting, so it's important to help these Guiders see and maximize their own potential, while improving upon their weaknesses. All group members must agree on what needs to be done and by whom. This is the easiest way to foster teamwork in any situation.

You must facilitate your team by putting Guiders/helpers in the best position to succeed; have them determine which role(s) suits them best. Then allow them the space, independence, and trust to do their best work. You must help others by having and communicating a clear vision to the rest of your team and getting them to carry out the goals set forth. Regular open communication, in which group members share their thoughts, ideas, and feelings, is a must for successful teamwork. Unspoken assumptions and issues can be very destructive to productive group performance. It is important not to assume that each individual will answer a simple question the same way.

When we are willing to communicate openly with one another, a healthy atmosphere will emerge and an effective process can be followed. By working within your team, you will learn the meaning of teamwork within the context of your set goals.

When asked, "what is teamwork?" Vince Lombardi answered: **"The achievements of an organization are the results of the combined efforts of each individual."**

Donna Tuck, Provincial MMPA

FOUND!

This souvenir would have been lost at the 2010 Committees' Conference. I found it wedged in a photo album I had had on display there.

Please contact me to arrange for its return.

mason.stevens@nl.rogers.com



Eastern Regional Camping Conference 2012 Camping on the Edge



Newfoundland and Labrador Camping Department hosted the 2012 Eastern Regional Camping Conference (ERCC) from Sept. 14th - 16th. Camping advisers from Nova Scotia, New Brunswick, Prince Edward Island, and Quebec, as well as area advisers from Newfoundland and Labrador attended.

The "main event" was the introduction of the new adventure camping component of the Outdoor Activity Leadership (OAL) Program by National Training Ad-

viser, Patti Carson, and National Camping Adviser, Kim Arseneault. Your area advisers are well situated to help you with all your camping questions this year!

OAL - What's that?

The Outdoor Activity Leadership Program is a training designed to help Guiders gain the skills and confidence needed to take their girls on an outdoor adventure - whether that is a hike, day camp, residential camp (in a building), tent camping, or adventure camping (backpacking, biking, canoeing, or other 'off the beaten track' camping).

There are two streams, each with two sections:

Foundation Stream:

- Getting Outside: adventures that don't include an overnight, e.g. nature hikes, camp skills days, hikes on which girls cook their lunch, etc.

Residential Camping: one or two night residential camps; ideally, this stream will be delivered together with the enrichment Tent Camping training

Enrichment Stream:

- Tent Camping: tent camping at an established site

Adventure Camping: typically for Pathfinder, Ranger, and Trex Guiders wishing to do adventure camping with their girls

OAL Guide to Camping:

This guide forms the basis of the Residential and Tent Camping modules of the OAL Program, but it is a fabulous resource for new and experienced campers alike.

Topics include everything you might encounter on an overnight with your girls: leadership styles, planning timelines, patrol chores, camp menus and outdoor cooking, budgeting, equipment, homesickness, and more.

Check it out!

To find the OAL Guide to Camping, go to the member zone of www.girlguides.ca, and look in the Camping and Outdoors section of Program Resources

https://memberzone.girlguides.ca/ProgramResources/CampingAndOutdoors/Shared%20Documents/oal_guide_camping.pdf

Farewell and Hello

The Camping Department is in the unique position this year of having an overlap with its outgoing and incoming Provincial Advisers. Outgoing Adviser Judi Pardy and Incoming Adviser Nancy Stanley co-hosted the ERCC in September.

Nancy has now officially taken over as your new Provincial Camping Adviser.

Judi Pardy
Outgoing Provincial
Camping
Adviser

CAMP GLEE



Guiding Granny Outdoor Activity Challenge

The winner of the 2011-2012 Guiding Granny Outdoor Activity Challenge Award was Con-Ba-Su Area. Congratulations!!

The 2012-2013 Guiding Granny Outdoor Activity Challenge is on the Provincial website; remember that any activities you have done from April 1st, 2012 onwards can count towards this challenge.

We are making some changes to the challenge, some of which are still in development and will be posted on the web site as soon as they are available.

Changes include:

- new challenges (done)
- more challenges from which to choose! (done)
- slight changes in number of challenges required (more challenges required for Sparks who were finding it just way too easy, and fewer challenges required for Guiders at some levels) (done)
- **A CREST!**

NOT changing: The Area Challenge. The Area with the highest percentage of members completing the challenge by the deadline will win the annual Guiding Granny Outdoor Activity Challenge Award, which will be presented at the Provincial Annual General Meeting (AGM) in the spring of 2013.



Camp Glee was the Ocean Edge Area Camp that was held this summer. A great time was had by all who attended.

Story and Photos Submitted by Kim Mercer, Guider

Early Registration

A new Guiding year is upon us and registration was already well ahead of where it usually is at the end of August! Every one of you – Commissioners, Unit Guiders and Council Members – has helped make this achievement possible. Your commitment to encouraging your girls to re-register early, the hard work put in over the summer months recruiting girls in your community and your belief in Guiding are evident. Thank you for all you have done to help us work towards our goal of 5,555 Members for the 2012/2013 season! We still have a way to go but I believe we can achieve our goal!

Allison Graham, Membership Growth Coordinator, September 1, 2012

Recruitment

Recruitment Methods and Tips

Unsure about how to recruit new volunteers? Don't worry. After all, someone was successful in recruiting you into Guiding, right? No matter what recruitment method you use, you must have a compelling message. Your message explains why Girl Guides is worthy of a potential volunteer's time. Make your message short, simple, and direct, communicating the need for the volunteer's service and the good she can do. Stress the need in the community for Guiding to continue, but also delineate the benefits the volunteer will receive.

Rick Lynch and Steve McCurley, authors of *Essential Volunteer Management*, suggest that there are three basic ways to recruit. However, not all of them will be appropriate for your specific needs:

Warm Body Recruitment

When you need a large number of people, usually for a short period time and when the qualifications of the task are minimal, you might engage in "warm body recruitment." This method is ideal for Girl recruitment and will work when you need a number of parent volunteers for a specific event however, this is not the most effective option for Adult Member recruitment. Warm body recruitment involves a broad dissemination of information, including:

- Distribution of brochures
- Posters
- Speaking to groups
- Notices in appropriate media
- Word of Mouth

Targeted Recruitment

The targeted campaign requires a carefully planned approach to a small audience. Use this method when you are trying to recruit volunteers that need to have specific skills or not commonly found characteristics. While this is the ideal method for Adult Member recruitment, it is also the most time consuming and challenging.

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A targeted campaign requires, at the outset, that you answer several questions:

- What do we need?
- Who could provide this?
- How can we communicate with them?
- What would motivate them?

Working through such questions will help you identify and locate the volunteers that you need. Once you locate a source of such volunteers, take your recruitment message directly to them.

Concentric Circles Recruitment

This type of recruitment requires you to identify populations who are already in contact with Guiding and then to connect them with your recruiting message. It is more likely that you will succeed in persuading them to volunteer than complete strangers. In sales terms, there is a big difference between a "cold" call to a stranger than a "warm" call to an acquaintance or a friend. This method will work for both Adult and Girl Members – Bring a Friend night is the perfect example of concentric circles recruitment.

Target populations include:

- Your Members, their families and relatives.
- Alumni of Guiding.
- Friends of your current volunteers and staff.
- People in your community or neighbourhood.

Getting to "Yes"

Here are tips to motivate people to say "yes". Expect more adult leadership help when you apply this simple framework.

- Don't confuse recruitment with publicity. Sending out a flier or email notifying a long list of people about unfilled positions is information, but not necessarily an invitation to come forward. Never assume everyone knows what help is needed or whether she or he is right for the job. If you think someone would be ideal for a position, ask them directly.
- Be clear on what you want people to do before you recruit them. Writing volunteer job descriptions forces you to be specific. Avoid the vague approach of "Do you want to volunteer?" This can lead to all sorts of incorrect assumptions about what the tasks might be. Instead try: "Would you be willing to coordinate the cookie delivery and distribution process next month?" It is more appealing to be asked to become a definable role than an indistinguishable "volunteer"
- Be honest. Tell prospective volunteers about the time and effort the role entails, even if you think it may sound like a lot. Don't minimize the work with comments such as "This will only take a few hours" or try to sway people into acceptance with "Why not try it and see what you think?" If you need someone several hours every week, or for a full year's commitment, or willing to drive 25 miles each time, say so. It may take longer to find someone willing to fill the position, but once you do, you'll have the right person.
- Define the training, supervision and support the volunteer will have. Many people are understandably cautious about being thrown in to sink or swim. If they know they are going to get help while they learn the ropes, they'll be more likely to give volunteer-

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ing a try.

- Identify and express the positives of volunteering. Explain how much girls will benefit from their help and talk about personal payoffs, too. Be aware that people have different reasons for volunteering. Some enjoy interacting with girls, others want to learn a skill for career development – the list of possible motivations is extensive. You can share how you've grown personally from your own volunteer work for Girl Guides – and don't forget to point out that they'll have fun!
 - Explain why you decided to ask this particular person to help – what skills or personality traits make her a good candidate for the position. After all, you are implying this person has the talent to do the job, and that's quite flattering. In the long run, it is better to live with a vacancy for a while than to appoint someone who is unqualified or reluctant to make a full commitment to the work. A second-choice placement can negatively affect all the others on your team.
 - Never recruit anyone by asking her or him to do it as a "favour" to you. Instead, try to communicate that you don't want them to miss a marvellous opportunity to participate in an important project!
- Finally, the best way to recruit volunteers is simply to ask people to help. If you never have the conversation, how can someone say yes? And if you are turned down, keep in mind that you have still helped Guiding by reaching out to new people and lending visibility to worthwhile projects.

LOL TREFOIL GUILD HAVING SOME FUN!

The LOL Trefoil Guild had lots of fun with a 50's night (top left), touring St. John's with a picture stop at Jelly Bean Row Houses (top right), showing that you can always have fun no matter what your age (bottom right) and at Signal Hill - you can't get better than this (bottom left).

Story and photos by JoAnne Taylor





July 18, 2012

Dear Girl Guides of Canada – Guides du Canada, Newfoundland and Labrador:

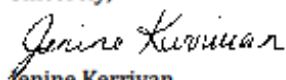
The Janeway Children's Hospital Foundation would like to thank the Girl Guides of Canada – Guides du Canada, Newfoundland and Labrador for the many kind donations it has made over the years in support of the Janeway Children's Health and Rehabilitation Centre.

Every day sick and injured children arrive at the Janeway in need of medical attention. It is generous gifts such as those given by the *Girl Guides Work Miracles* initiative that make it possible for our team of doctors and nurses to continue providing these children with the special care they need and deserve.

In fact, this year alone the Sparks, Brownies, Girl Guides, Pathfinders, Rangers and Leaders of our province raised \$4,052.⁶⁷ in aid of the 2012 Janeway Children's Miracle Network Telethon. Money raised by groups like yours goes toward purchasing state-of-the-art medical equipment, it helps to support education for our medical staff, and it funds important medical research.

On behalf of the Foundation, the Janeway Hospital and the many families that have and will continue to benefit from your many gifts, we would like to thank you for kindness and caring – past, present and future.

Sincerely,


Jenine Kerrivan
Manager, Community Initiatives

200 Prince Philip Drive, St. John's NL, A1B 3X6 phone/709.777.4640 fax/709.777.4408

www.janewayfoundation.nf.ca

International Nationally Sponsored Trips for 2013!



Australia (fanTAStic event) - January – 5 girls, 2 Guiders (participants already selected)

Congratulations to Marigold Benoit (Long Range Trails Area) for being selected as an alternate girl for this trip.

Switzerland and Our Chalet – Summer - 8 girls, 2 Guiders

England (WS2013 West Sussex International Camp) – Summer - 8 girls, 2 Guiders

Kenya (service based trip) – Summer - 8 girls, 2 Guiders

Domestic Nationally Sponsored Trips

Churchill, Manitoba Adventure (Science based programming) – Summer - 8 girls, 2 Guiders

Newfoundland Adventure (Outdoor activity and history based programming) – Summer - 8 girls, 2 Guiders

Important information for International or Domestic Trips

The deadline to apply for all trips is November 15th, 2012. The complete application (including references) must be received by your Area International Adviser by this date.

Applications are strongly encouraged to be typed and submitted electronically (email) by applicants.

Applicants may apply to more than one event BUT they must complete the trip specific question for each trip that will be listed on the trip fact sheet.

For international trips, members selected may participate in these events as follows: once as a girl, once as an adult participating in a WAGGGS event or GGC determined endorsed event, once as the responsible Guider, or in a designated role as determined by the Board, i.e.: Chief Commissioner, International Commissioner, CEO, etc.

For domestic trips members selected may participate in these events as follows: once as a girl and once as an adult as the responsible Guider.

If you have any questions please email ggcnlinternational@gmail.com.

Check the GGC website for further details at: http://www.girlguides.ca/international_events.

Application Tips!

- Type or write clearly and neatly in ink (do not use pencil). These applications have to be photocopied, scanned, emailed, etc. numerous times throughout the selection process.
- Do a little bit of research about the trip and what it involves (e.g. large camp, service trip).
- Ensure you answer all questions thoroughly on the application/fact sheet. Each section is scored and points are awarded for how you answer the questions.
- Choose your non-Guiding reference carefully. For example, if a teacher only knows you in one particular class, he/she may not be able to answer all of the questions on the form. However, if this teacher chaperoned you on a class trip or supervised you in extra-curricular activities, they would probably know you better.
- Ensure you give your references adequate time to complete the reference forms. They are very important in assessing your application.
- Make sure you provide your references with the correct forms.
- Try and let your personality come through a little and bring up the activities you do outside of Guiding in answering the questions so we find out a little more about you other than you would like to travel and you love to camp. (Self-evaluation and relevant experience sections).

Twinning Challenges: Grenada and Curaçao

Did you see the Spring 2012 issue of the Canadian Guider which profiled our new twinning countries and challenges? The challenges are flexible allowing Guiders to consider the age groups that they work with. Why not challenge your unit to learn about these countries and our sisters in Guiding who live there? Be the first unit to email a picture of your unit participating in the challenge and you will win a prize!!! Email pictures to ggcnlinternational@gmail.com.



Check out the challenges at: http://www.girlguides.ca/challenges_and_activities.

Costa Rica 2012 Trip

What is every Girl Guide's dream? To have fun, to help others, to meet new people, and to share new experiences with other Guides? In August of 2012, I had the great pleasure of doing just that. I was to attend the Costa Rican Adventure 2012 service trip along with 18 girls and 3 other leaders from across Canada. We were partnered with Canada World Youth to provide service in the community of Santa Elena, Costa Rica. It is a tourist destination in a mountainous Cloud Forest about three and a half hours north of San Jose.

We lived in pairs, with host families in the community. The first challenge we had was that the families spoke little English and we knew even less Spanish. We became a part of their everyday life. We were taught how to cook traditional foods, shown the sites, taken to church and made to feel a part of the family during celebrations.



The service part of our trip included painting a primary school (inside and out) and cleaning the grounds to make a safe play area, planting over 400 trees as part of a reforestation project, and building and maintaining trails in the Cloud Forest Reserve. This last project included carrying sacks of about 15 pounds of crushed stone up trails and

returning for more. All of the work was very strenuous but also very rewarding.

It was not all work. We toured a local cheese factory, did a Night Hike to see night creatures, hiked the Reserve, visited a hummingbird sanctuary, and even managed to shop a bit. The highlight for the group was a 7km hike into a local scouter's farm to camp with Santa Elena Guides and Scouts. We then hiked 3km into a huge waterfall. Interacting with Spanish Guides was a lot of fun. We managed to have a ceremonial campfire with them despite the major thunder storm. We had a great rainy afternoon singing and playing games in both Spanish and English!

Being chosen for this trip was a great honour. To travel so far away with 21 strangers and come home with a huge network of friends, Guiding sisters and Spanish family members, is not something I will soon forget. I am very proud of myself for all I have accomplished and I know that these experiences will make me a better Guider.

Teresa Dominie, Guider, 1st Pasadena Pathfinders



COOKIE STORY

My daughter is a Brownie with the 2nd St. Thomas Brownies. This is her 3rd year for selling cookies and she really enjoys it. When we receive our cookies, the first thing she says to me is "Mom, you have to see if Liz will let me sell cookies again this year." Liz is a friend of ours who has a convenience store just up the road from us and she allows Kandice to set up a table in her store to sell her cookies.

"On Saturday, mom, don't forget we are going up to sell cookies", Kandice reminds me daily. When Saturday arrives, she gets up and starts getting her cookies ready. For her, one case is not enough. We usually have anywhere from four to six cases. "Don't want to run out" she says to me. With her uniform on we head up to the store. She goes inside and heads right for the back of the store where she gets her milk cartons and a tray, bring everything she needs up to the front, and begins to set up her 'cookie stand'. "You can stay over there mom, I know what to do", and so she begins. Not one person comes into that store she doesn't ask "Would you like to buy a box of Girl Guide cookies, they're only \$5.00 or you can buy 2 for \$10.00". I must say I am surprised at how well she speaks to people, always remembering to say "please" and "thank you".

Kandice truly loves selling her cookies and it's a great experience for her. She does really well, selling her 4 to 6 cases in her 2 hour time limit.

Story by Tina Sooley

Cookie Photos



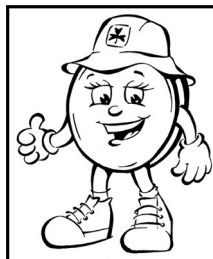
The 50th Pathfinders after a night of selling cookies. They had a great time!



The 19th Brownies sold 11 cases that night! Excellent!

Reminder

Please make sure that your cookies are delivered properly. If you have any issues with your mint cookies, please contact Sara Hawkins at navyhawkins@gmail.com ASAP and she will try to get them resolved.



Do you have a cookies story that you would like to share?

Then email your cookie stories and pictures to Sara

Hawkins at navyhawkins@gmail.com and they could get in the next issue of *The Signal*

Girl Guide Mint Cookie Cake

Ingredients

- 1 box of cake mix (choose your favourite kind and make to directions on the box)
- 1 row of Girl Guide chocolaty mint cookies
- 6 cups of whipped cream, or whipping cream alternative product



Directions

1. Follow the direction and bake 1 box of cake mix into 2 round layers.
2. Cool and cut each layer in half, making 4 layers.
3. Whip whipping cream alternative product or whipping cream.
4. Add one row finely chopped mint cookies.
5. Layer whipped mixture between each layer and then ice the cake with the rest.
6. Place remaining mint cookies vertically in the top of the cake around the outside.

This cake is YUMMY!!

Marconi District

Empowering girl to have the patience to make the perfect s'more for 100 years!

Submitted by Lisa Vickers, Commissioner Ocean's Edge Area.

Photos by Samantha Penny, Ranger.



Wreath Laying

On July 1st 2012, Robyn Lee and Heidi Sturge laid the Girl Guides Of Canada wreath at the War Memorial in St. John's.

Story and Photos by Robyn Lee, Guider



Diamond Jubilee Garden Parties



His Honour, the Honourable John C. Crosbie, PC, OC, ONL, QC, Lieutenant Governor of Newfoundland and Labrador Hosted Garden Parties in Corner Brook on July 18, 2012 and in St. John's on July 25, 2012.

On behalf of Newfound-

land & Labrador Council I would like to say thank you to all the girls and Guiders who took time from their busy summer schedules and attended either Lieutenant Governor's Garden Parties in St. John's and Corner Brook.

This year was the first in many years for the Garden Party to be held in Corner Brook. It was certainly a great opportunity for our girls to participate on both ends of our province. His Honour, the Honourable John C. Crosbie, Lieutenant Governor of Newfoundland and Labrador and Her Honour Jane Furneaux Crosbie were very pleased with the help of Girl Guides at both Diamond Jubilee Garden Parties. Thank you again for all your support.

Story by Donna Tuck, MMPA, Photos by Edith Cuerrier.



SCHLORSHIP WINNERS!

Congratulations the following Scholarship Winners:

Dr. Roberta Bondar Scholarship: Melissa Collins, Fourth Year Civil Engineering

Norma Osler Education Scholarship: Leanne Ward, First Year Education

Col. Karen Ritchie Memorial Scholarship: Rebecca Thistle, First Year Engineering

National Scholarship (Part time): Joan Mullins, Third Year Special Education

Dare Foods Limited Scholarship: Brittany Long, Fourth Year Education

Dare Foods Limited Scholarship: Janise Moores, Second Year Nursing

Betty Spencer Scholarship: Samantha Burton

We are so proud to have so many scholarship winners from Newfoundland and Labrador. Keep up the good work and good luck in your future studies!



Memories of The Diamond Jubilee Garden Parties held in St. John's and Corner Brook 2012



ANNOUNCEMENT

The Lieutenant Governor's
Annual July Garden Party
3:00 p.m. to 4:30 p.m.

Guests & Hosts

The Governor General's residence

Signs 10: Tattoo & Band music performances

Guests & Hosts performance

Workshop & Circus performance

Support by Members of the Governor General's Residence

Refreshments and cookies served by the Girl Guides

"Come to Newfoundland"
Visit the Governor General's Residence



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